



*When trained according to the principles of Légèreté, all horses, even the most ordinary ones, can come to proper collection.*

PHILIPPE KARL



*An intelligent hand is more effective than any kind of coercive training aid.* PHILIPPE KARL

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*Ecole de Légèreté*



The mission of the *Ecole de Légèreté* is to share Philippe Karl's philosophy of riding with committed and qualified instructors all over the world. After several years of training and a final examination, these instructors will be authorised to teach the philosophy of Légèreté on his behalf.



*Ecole de Légèreté*

THE CLASSICAL ALTERNATIVE

*Philippe Karl*

TRAINING CONCEPT  
FOR HORSE AND RIDER



*Training courses are running in more than 10 countries worldwide.*

[www.philippe-karl.com](http://www.philippe-karl.com)



Photographs: Alain Lauroux, Katja Schmiedeskamp, Christiane Slawik

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APPEL – Association pour la Promotion de l'Ecole de Légèreté  
Antje Matthes (Treasurer)  
Zwischen Zäunen 4  
D-37619 Pegestorf  
Germany

# Ecole de Légèreté

**ABSOLUTE RESPECT  
FOR THE HORSE**

The foundation of the *Ecole de Légèreté* (School of Lightness) is an efficient training concept fully respecting the nature of the horse, developed by the French riding master **Philippe Karl**, former Ecuyer of the Cadre Noir in Saumur, France.

The central principle of the School is absolute respect for the horse. For this reason, the philosophy of Légèreté strictly rejects any method of training that constrains the horse into fixed positions. It excludes any use of force or coercive artificial aids – including auxiliary reins and tightly closed nosebands.

**At the heart of the *Ecole de Légèreté* is a trusting dialogue between horse and rider**, which enables the rider to promote and optimally develop the aptitudes of any horse. The aim of this versatile approach is to foster an expressive, joyful and cooperative horse that always responds to the lightest of aids.

*Art is beautiful when head, heart and hands work together.*

JOHN RUSKIN



The *Ecole de Légèreté* combines tried and tested principles with modern knowledge. It is based on the teachings of classical riding masters such as Xenophon, Pluvinel, La Guérinière, Hünersdorf, Baucher, L'Hotte and Oliveira. These teachings are then considered in the light of the latest findings in fields such as anatomy, physiology, locomotion and balance, psychology and ethology.

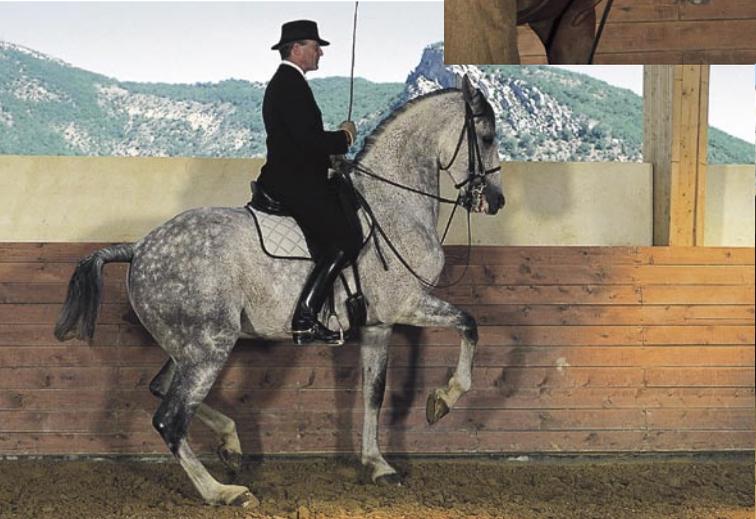
The result of this synthesis is a logical and understandable training concept with clear principles and practices that fully respect the nature of the horse, which can be applied to all breeds and in all equestrian disciplines. In this way, the *Ecole de Légèreté* opens the door to High School riding for any motivated rider – even with a perfectly “ordinary” horse.

*Riding truly becomes an art when sensitivity and knowledge of the horse combine to produce lightness in the hands of the rider.*

PHILIPPE KARL



**CLASSICAL RIDING IN THE LIGHT  
OF MODERN DISCOVERIES**



## APPEL

*Association pour la  
Promotion de l'Ecole de Légèreté*



Promote the *Ecole de Légèreté* by joining the supporters association of the School!  
If...

1. You also believe in respect for the horse.
2. You think it's important that your training system is based on sound, scientifically reliable knowledge of horses.
3. You are firmly against using coercive gadgets.
4. You want to take a clear position in the discussion about Rollkur and other coercive training methods.
5. You want to see harmonious presentations involving horses that are expressive and enjoying their work in equestrian centres around the world.
6. You want to help preserve and promote the heritage of classical riding.
7. You want to make contact with like-minded equestrians around the world.
8. You want to bring your ideas and projects into the *Ecole de Légèreté*.
9. You want to support and encourage the publication of books, DVDs and articles on the philosophy of Légèreté.
10. You want to help, as part of an international community, to spread the word about the philosophy of Légèreté.

... then become a member of APPEL!

[www.philippe-karl.com](http://www.philippe-karl.com)

## Membership application APPEL

I hereby apply to become a member of the supporters association **APPEL – Association pour la Promotion de l'Ecole de Légèreté**

Ms  Mr

Name .....

Address .....

Country .....

E-mail .....

**My annual membership fee is:**

80 euro (standard fee)

..... euro (promotional contribution)  
Optional, minimum 100 euro/year

The contribution year is the calendar year. I agree to pay the membership fee by 31 January of each year (or within four weeks after confirmation of the date of my initial acceptance as a member of the association) to the following account:

Institute: Volksbank Weserbergland eG  
IBAN: DE61272900870023914410  
BIC: GENODEF1HMV

Payments from non-EU countries should be sent via PayPal to: [ReitanlageHeMa@aol.com](mailto:ReitanlageHeMa@aol.com)

I agree to receive all information from the association, in particular the invitation to the general assembly, by e-mail.

**Privacy notice:** I understand that the majority of the data requested in this application is necessary for administrative purposes. By submitting this application, I agree to the collection, use and processing of the personal information I provide to the association in this membership application exclusively for the purposes of statutory, organisational administration and payment of my fees. By submitting my personal information to the association, I also accept that my information may be accessed and used by the association and its committee members and passed on to other members of the association. I have read and understood the membership fee regulations of the association and oblige to fully comply with the regulations in their current version ([www.philippe-karl.com](http://www.philippe-karl.com)).

.....  
Place and date

.....  
Signature